

Invitation

Kyokushin Open 2024

Bergen

Norwegian Martial Arts Federation and
Bergen Karate Klubb
have the pleasure of welcoming all friends of Karate to

Kyokushin Open 2024



Technical organizer:
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Norges Kampsportforbund
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Venue	
	Laksevågshallen Lyderhornsvei 42 5163 LAKSEVÅG
Program	
Tentative program	<p><u>Friday February 16, 2024</u></p> <p>Scandic Bergen City 19.00 – 21.00 – Weighing and registration 20.00 – 22.00 – Referee meeting</p> <p><u>Saturday February 17, 2024</u></p> <p>Laksevågshallen 08:30 Sports hall opens - Laksevågshallen 09:00 Free transportation by bus from Scandic Bergen City 09:30 Medical check-up (Full contact only) 10:30 Information meeting for team leaders, coaches 11:00 Tournament starts – First bout 16:30 End of tournament 16:45 Free transportation by bus to Scandic Bergen City 20:00 Sayonara party</p>
Classes	
Full contact Senior (fom 22 year – to 40 year)	Men: Light weight (-70), middle weight (-80), Light heavy weight (-90), heavy weight (+90) Ladies: Light weight (-60), middle weight (-70), heavy weight (+70)
Full contact U21 (fom 18 year – to 21 year)	Men: Light weight (-70), middle weight (-80), Light heavy weight (-90), heavy weight (+90) Ladies: Light weight (-60), middle weight (-70), heavy weight (+70)
Full contact Recruit (fom 18 year – to 40 year)	Men: Light weight (-70), middle weight (-80), Light heavy weight (-90), heavy weight (+90) Ladies: Light weight (-60), middle weight (-70), heavy weight (+70)
Full contact w/lim. Veteran (fom 41 year)	Men: Light weight (-80), heavy weight (+80) Ladies: Light weight (-65), heavy weight (+65)
Full contact w/lim. U18 (17-18 year)	Boys: Light weight (-65), middle weight (-75), heavy weight (+75) Girls: Light weight (-60), middle weight (-70), heavy weight (+70)
Full contact w/lim. U16 (15-16 year)	Boys: Light weight (-60), middle weight (-70), heavy weight (+70) Girls: Light weight (-55), middle weight (-65), heavy weight (+65)
Full contact w/lim. U14 (13-14 year)	Boys: Light weight (-55), middle weight (-65), heavy weight (+65) Girls: Light weight (-50), middle weight (-60), heavy weight (+60)

Rules	
Kumite	<p>Fullcontact: Rules approved by The Norwegian Martial Arts Federation. https://kampsport.no/organisasjon/lover-regler/konkurranseregler/karate/fullkontakt/</p> <p>Please note that a revised set of regulations will be implemented in January 2024 that will be applicable at the competition. Per today, this is in development.</p> <p>The changes will affect age categories for juniors, where existing junior categories are divided into three, with a two-year age span for each category. Junior categories will also be based on birth year, so the age of the athlete on December 31, 2024, will determine which category one belongs to. Senior categories will still go by exact age.</p>
Participation	<p>For seniors, it is the athlete's age on the competition day, February 17, 2024, that determines in which category the athlete will participate.</p> <p>For juniors, it is the age on December 31, 2024, that determines in which category the athlete will participate.</p> <p>Athletes who turn 18 in 2024 can choose to participate in full-contact U21, full-contact recruit, or in Full-contact with restrictions U18. It is only allowed to participate in one of the categories.</p>
Administrative info	
Enrolment	Please use enrolment sheet and send to kyokushin.open.norway@gmail.com no later than January 31, 2024.
Coach	All coaches must enroll with email address and mobile phone number.
Starting fee and payment	NOK 400,- pr participant/class Payment for foreign participant is due to be paid to: SWIFT DNBANOKKXXX IBAN NO4252562002421
Draw	Organizer will provide draw lists in the morning Saturday February 17 in the Sportshall
Registrering	.
Various	<p>Organizer informs that photos and videos may be taken during the event, featuring participants and officials, which may be published in an editorial context.</p> <p>Reservation for cancellation The organizer reserves the right to cancel the competition or classes in case of low registration or other circumstances beyond our control. In the event of cancellation, the organizer takes no responsibility for any purchased tickets, hotel reservations, or other expenses the club has incurred in connection with the competition</p>

Generally	
Hotel	<p>Official Tournament Hotel: Scandic Bergen City</p> <ul style="list-style-type: none"> • Single room, breakfast included NOK 990,- incl wass • Twin room, breakfast included NOK 1 090,- incl wass <p>For booking: BBER160224</p> <p>For guaranteed rooms at this price, reservation must be made within January 26, 2024</p>
More info	Visit https://kyokushin.no/ for more information.
Transport	The organizer will provide free bus transportation from Scandic Bergen City Hotel to the Sportshall and back to the Hotel after end of tournament.
Sayonara party	Venue for Sayonara party: Scandic Bergen City, Saturday February 17 at 20:00 Deadline for enrolment January 31, 2024.

Welcome to Bergen!

