

Invitation Kyokushin Open 2022 Bergen

Norwegian Martial Arts Federation and
Bergen Karate Klubb
have the pleasure of welcoming all friends of Karate to
Kyokushin Open 2022



Organizer:
Norwegian Martial Arts Federation

Technical organizer:
Bergen Karate Klubb
Contact: Nils Dybsland, mobile: +47 951 18 483
e-mail: kyokushin.open.norway@gmail.com

**KAMP
SPORT**

Member of Norwegian olympic and paralympic committee and Confederation of sports (NOC), World Taekwondo Federation (WTF), World Karate Federation (WKF), International Wushu Federation (IWuF), Ju-Jitsu International Federation (JJIF) and International Kendo Federation (IKF)

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Venue	Laksevågshallen
	Lyder Hornsvei 42, 5163 LAKSEVÅG
Date	Friday February 18th 2022
	Scandic Bergen City Hotel 19.00 – 21.00 – Weighing and registration 20.00 – 22.00 - Referee meeting
Date	Saturday February 19th 2022
Program	08:30 Sportshall opens, Laksevågshallen 09:00 Free transportation by bus from Scandic Bergen City Hotel. 09:30 Medical check-up. (Full Contact only). 10:30 Information meeting for team leaders, coaches. 11:00 Tournament starts. 16:30 Tournament ends. 16:45 Free transportation by bus back to Scandic Bergen City Hotel. 20:00 Sayonara party. Scandic Bergen City
Classes	
Fullcontact 18 - 40 years.	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight (-90), heavy weight (+90)
Recruit Class 18 – 40 years	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight (-90), heavy weight (+90)
Fullcontact with limitation. + 40 years	Ladies: Light weight (-60), middle weight (-70), heavy weight (+70) Men: Light weight (-70), middle weight (-80), light heavy weight (-90), heavy weight (+90)
Fullcontact with limitation. Age 15-17 years.	Girls: Light weight (-60), middle weight (-70), heavy weight (+70) Boys: Light weight (-65), middle weight (-75), heavy weight (+75)
Fullcontact with limitation. Age 13-14 years.	Girls: Light weight (-50), middle weight (50-60), heavy weight (+60) Boys: Light weight (-55), middle weight (55-65), heavy weight (+65)

Rules	
Kumite	Fullcontact: Rules approved by The Norwegian Martial Arts Federations.

Enrolment	
Enrolment	Send the enrolment form no later than February 4 th , 2022. E-mail: kyokushin.open.norway@gmail.com
Starting fee	Starting fee, NOK 450, - paid in NOK due to registration.
Draw	Organizer will provide draw lists in the morning Saturday February 19 th in the Sports hall.

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Hotel	
Hotel	<p>Official Tournament Hotel: Scandic Bergen City</p> <ul style="list-style-type: none"> • Single room, breakfast included NOK 690, - • Twin room, breakfast included NOK. 790, - • Trippel room, breakfast included NOK 1 050, - <p>For booking, please go to website www.scandichotels.com and use the following code to receive our reduced prices: BBER180222</p> <p>Guaranteed rooms at this price, reservations must be made within 4th of February.</p> <p>Payment at check out.</p>
Transportation	The organizer will provide bus transportation from Scandic Bergen City Hotel to the Sports hall and back to the Hotel after end of tournament.
Sayonara party	Venue for Sayonara party: Scandic Bergen City, Saturday February 19th at 20:00 Deadline for enrolment February 4th, 2022.

Welcome to Bergen!



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